

Needs Assessment  
Questionnaires with  
Students in Identified  
Schools

Pre-Workshop

Workshop Part- I  
(Week 1)  
(Introduction, Body  
Esteem & Health)  
(Facilitator: Student  
Sharing Ratio =  
60:40)

Take-Away  
from 1st  
Workshop  
to be  
applied /  
Fun Exercise  
or Project to  
be  
completed

Workshop Part- II  
(Week 2)  
(Sharing of Previous  
Weeks Learning, Peer  
Pressure & Bullying)  
(Facilitator: Student  
Sharing Ratio = 40:60)

Take-Away  
from 2nd  
Workshop  
to be  
applied /  
Fun Exercise  
or Project to  
be  
completed

Workshop Part- III  
(Week 3)  
(Substance Use,  
Wrap-up & Feedback)  
(Facilitator: Student  
Sharing Ratio =  
60:40)

Students  
Feedback:  
1) Change in  
Information  
levels  
2) Change in  
attitudes in  
relation to  
issues  
3) Feedback  
on Workshop

Post-Workshop

Focused Group Discussion  
with Teachers & School  
Counsellor to facilitate  
creation of concrete  
recommendations for  
school based on findings of  
workshop.

Focused Group  
Discussions with  
Teachers, Counsellors  
and Parent  
Representatives

Presentation to Parents at  
Parent Teacher Meeting  
and similar Focused Group  
Discussion / 2-page circular  
on Compiled  
Recommendations